

2026

DIVISIONS

PAN AMERICAN CHEERLEADING CHAMPIONSHIPS

Note: 16 minimum athletes

CHEERLEADING

Division	Age Range	Levels Offered	Team Type
Youth	12 - 14 years	Intermediate, Intermediate Non-Tumbling, Median & Median Non-Tumbling, Advanced & Advanced Non-Tumbling	All Girl/Coed
Junior	15 - 18 years	Median & Median Non-Tumbling, Advanced & Advanced Non-Tumbling, Elite, Elite Non-Tumbling, Premier & Premier Non-Tumbling	All Girl/Coed
Senior	16 +	Elite, Elite Non-Tumbling, Advanced & Advanced Non-Tumbling, Premier & Premier Non-Tumbling	All Girl/Coed
Adaptive Abilities - CHEER	12 years min		N/A
Special Abilities - CHEER	12 years min		N/A

PERFORMANCE CHEER

Division	Age Range	Levels Offered	Team Type
Youth	12 - 14 years	Pom & Hip Hop	N/A
Junior	15 - 18 years	Pom & Hip Hop	N/A
Senior	16 +	Pom, Hip Hop & Jazz	N/A
Adaptive Abilities - PC	12 years min	Pom & Hip Hop	N/A
Special Abilities - PC	12 years min	Pom & Hip Hop	N/A
Doubles	16 +	Pom & Hip Hop	N/A

COPA AMERICA CHEERLEADING CHAMPIONSHIPS

CHEERLEADING

Division	Age Range	Levels Offered	Team Type
IASF U6	3-6 years	Novice Level 1	N/A
IASF U8	5-8 years	Novice Level 1	N/A
IASF U12	6-12 years	Levels 1, 2, 2 Non-Tumbling, 3 & 3 Non-Tumbling (All Girl/Coed)	All Girl/Coed
IASF U16	12-16 years	Levels 1, 2, 2 Non-Tumbling, 3 & 3 Non-Tumbling, 4 & 4 Non-Tumbling	All Girl/Coed
IASF U18	14-18 years	Levels 1, 2, 2 Non-Tumbling, 3 & 3 Non-Tumbling, 4, 4 Non-Tumbling, 5 & 5 Non-Tumbling	All Girl/Coed
IASF 16+	16 min. years	Level 1-7, Level 7 Non-Tumbling (17+)	All Girl/Coed
ICU Primary	6-12 years	Novice, Intermediate, Median	All Girl/Coed
ICU Youth	12-14 years	Novice, Intermediate, Median, Advanced	All Girl/Coed
ICU Junior	15-18 years	Novice, Intermediate, Median, Advanced	All Girl/Coed
ICU Senior	16+ years	Novice, Intermediate, Median, Advanced	All Girl/Coed
Adaptive Abilities - CHEER	12 years min	Adaptive Levels by Ability	N/A
Special Abilities - CHEER	12 years min	Special Abilities Cheer Levels	N/A

Performance Cheer

Division	Age Range	Levels Offered	Team Type
IASF U6	3-6 years	Advanced Jazz/Pom/Hip Hop	N/A
IASF U8	5-8 years	Advanced Jazz/Pom/Hip Hop	N/A
IASF U12	6-12 years	Advanced Jazz/Pom/Hip Hop	N/A
IASF U16	12-16 years	Advanced & Elite Jazz/Pom/Hip Hop	N/A
IASF U18	14-18 years	Advanced & Elite Jazz/Pom/Hip Hop	N/A
IASF 16+	16 min. years	Advanced & Elite Jazz/Pom/Hip Hop	N/A
ICU Primary	6-12 years	Advanced Pom/Hip Hop	N/A
ICU Youth	12-14 years	Advanced & Elite Jazz/Pom/Hip Hop	N/A
ICU Junior	15-18 years	Advanced & Elite Jazz/Pom/Hip Hop	N/A
ICU Senior	16+ years	Advanced & Elite Jazz/Pom/Hip Hop	N/A
ICU Senior Doubles	16+ years	Elite Jazz/Pom/Hip Hop Doubles	N/A
Adaptive Abilities - PC	12 years min	Adaptive Abilities Performance Cheer	N/A
Special Abilities - PC	12 years min	Special Abilities Performance Cheer	N/A

Note: Age must be met for the year of the competition.



cheerunion.org/championships