

ICU CHAMPIONSHIPS

PERFORMANCE CHEER DOUBLES SCORE SHEET



Team Name	Judge Number
TECHNICAL EXECUTION	
Execution of Category Specific Style Pom - Pom motion technique: control, levels, placement, complete, precise and strong Hip Hop - Groove and quality of authentic hip hop/street style Jazz - Continuity of movement and quality of style, extension and presence/carriage	10
Execution of Overall Movement Body alignment, placement, balance, control, completion of movement, extension and flexibility	10
Execution of Technical Skills and Movement Used Within Category Kicks, leaps, jumps, turns, floor work, freezes, partner work lifts, etc.	10
Execution of Quality of Movement Strength, intensity, presence and commitment to the movement	10
EXECUTION AS A PAIR	
Synchronization Timing of movement with the music Synchronization and uniformity of the athletes	10
CHOREOGRAPHY	
Musicality Movement that complements the music accents, rhythm, tempo, phrasing, lyrics, style, etc. in a creative, unique and original manner	10
Routine Staging Utilization of floor space, transitions, partner work, group work, levels, opposition, etc. Interaction of the pair while allowing for a seamless flow of the routine	10
Complexity of Movement Level of difficulty of movement such as tempo, weight changes, directional changes, connectivity continuity, intricacy of movement, etc.	y, 10
Difficulty of Skills Level of difficulty of technical skills, partner work, lifts, etc.	10
OVERALL EFFECT	
Communication/Projection/Audience Appeal & Appropriateness Ability to exhibit a dynamic routine with genuine showmanship and audience appeal. The performance category description and has age appropriate music, costume and choreography that enhances	10