

2026 UNIVERSITY WORLD CUP CHEERLEADING CHAMPIONSHIPS (UWCC)

PERFORMANCE CHEER DIVISIONS RULES & REGULATIONS

I. PERFORMANCE CHEER SPECIFIC DIVISIONS

A. UWCC Performance Cheer Competition Routine Divisions

1. All eligibility requirements for UWCC USA teams/athletes & Non-USA teams/athletes as listed herein applies.
2. USA Teams may enter up to 2 UWCC Team Divisions (Pom, Hip Hop and/or Jazz) with a limit of 2 Doubles entries per university (or similar UWCC eligible scholastic institution) within the UWCC Doubles Divisions (Pom Doubles & Hip Hop Doubles).
3. Non-USA Teams may enter up to 3 UWCC Team Divisions (Pom, Hip Hop and/or Jazz) with a limit of 2 doubles entries per university (or similar UWCC eligible scholastic institution) within each of the UWCC Doubles Divisions (Pom Doubles & Hip Hop Doubles).
4. Performance Cheer Teams (Pom, Hip Hop and Jazz) may not exceed 20 athletes per team, Doubles (Pom Doubles and Hip Hop Doubles) must comprise of 2 athletes per team.
5. Crossovers: Crossovers are allowed for non-USA teams. USA Teams must follow the crossover rules of the USA National Championships.
6. **UWCC Performance Cheer Competition Routine Divisions (5):**
 - Pom (up to 20 athletes, male and female)
 - Hip Hop (up to 20 athletes, male and female)
 - Jazz (up to 20 athletes, male and female)
 - Pom Doubles (2 athletes, male and female)
 - Hip Hop doubles (2 athletes, male and female)

B. UWCC Performance Cheer Game Day Performance Division:

Note: Please see Game Day Division Guidelines

1. **Performance Cheer Game Day Divisions (1):**

- UWCC Performance Cheer Game Day (maximum 30 female & male athletes)

II. GENERAL SAFETY GUIDELINES

- A. All athletes agree to conduct themselves in a manner displaying good sportsmanship throughout the event. The coach of each team is responsible to assure that team members, coaches, parents, and any other person(s) affiliated with the team conduct themselves accordingly.
- B. All programs should have, and review, an emergency action plan in the event of an injury.
- C. Coaches must recognize the entire team's ability level and limit the team's activities accordingly.
- D. No technical skills should be performed when a coach is not present or providing direct supervision.
- E. All practice sessions should be held in a location suitable for the activities of Performance Cheer, and away from noise and distractions.
- F. Warm-up and stretching should precede and conclude all practice sessions, pep rallies, games, competitions, performances, and other physical activities.
- G. The performance surface should be taken into consideration before engaging in any technical aspect of Performance Cheer. The performance area should be reasonably free of obstructions. Athletes should not perform technical skills on:
 - Concrete, asphalt, or any other hard or uncovered surface
 - Wet surfaces
 - Uneven surfaces
 - Surfaces with obstructions
- H. The team coach or other knowledgeable designated representative should be in attendance at all practices, functions and games.