ICU PAN AMERICAN CHEERLEADING CHAMPIONSHIP & COPA AMERICA 2024

OTTAWA CANADA SEPTEMBER 27-29, 2024





JOIN US IN OTTAWA

Join Cheer Canada at the ICU Pan American Cheerleading Championships in Ottawa for an unforgettable experience! Ottawa, the capital of Canada, provides the perfect setting for this exciting event. From representing your country to cheering on your favourite team, we encourage you to experience the city's remarkable sights, events, and cuisine. Ottawa offers activities for everyone! Don't miss out on the opportunity to be part of this world-class competition and explore all that Ottawa has to offer!







Venue & Registration Information

Venue: Shaw Centre - <u>55 Colonel By Drive,</u> <u>Ottawa, Ontario, Canada, K1N 9J2</u>

Registration fee:

\$100 CAD per athlete for 2 runs with PanAm. \$25 CAD crossover fee to compete in Copa OR \$50 CAD per athlete to compete in Copa ONLY \$25 CAD per coach

Venue Accessibility: https://shaw-centre.com/about-us/accessibility

How to Register: https://cheerunion.org/championships/pac/

Accommodation

Due to the unique nature of your trip, Cheer Canada can help facilitate your stay with one of the many hotels within walking distance. Contact us with your rooming and budget needs and we can assist. Pricing starts at \$350 CAD per night in a quad occupancy.

Novotel Ottawa City Centre

- 33 Nicholas St
- https://www.novotelottawa.com/

Fairmont Château Laurier

- 1 Rideau Street
- https://www.fairmont.com/laurier-ottawa/

Courtyard Ottawa Downtown

- 350 Dalhousie Street
- www.marriott.com/en-us/hoctels/yowcy-courtyard-ottawa-downtown/overview/









PAN AMERCIAN CHAMPIONSHIP

FRIDAY

Practice Time Available Opening Ceremonies Cultural Exchange Delegate & VIP meeting

SATURDAY

SUNDAY

PAN AMERICAN SEMI FINALS

PAN AMERICAN FINALS Closing Ceremonies

COPA AMERICA

Opening Ceremonies FRIDAY **Cultural Exchange Delegate & VIP meeting** SATURDAY **Practice Space Available Copa America Championship SUNDAY Closing Ceremonies**

Honouring the Anishinabe Algonquin Nation, First Nations, Inuit and Métis peoples Ottawa is built on un-ceded Anishinabe Algonguin territory. The peoples of the Anishinabe Algonquin Nation have lived on this territory for millennia. Their culture and presence have nurtured and continue to nurture this land. The City of Ottawa honours the peoples and land of the Anishinabe Algonquin Nation. The City of Ottawa honours all First Nations, Inuit and Métis peoples and their valuable past and present contributions to this land.



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DINING

SHOPPING



Transportation

Transit: https://www.octranspo.com/en/

Taxi: https://www.bluelinetaxi.com/book-a-taxi/

Rideshare: Lyft: https://www.lyft.com/ Uber: https://www.uber.com/

Bus Rental: https://www.leducbus.com

Airport Transfer: https://yow.ca/en/parking-transportation/ground-transportation-options

Dining

Local Food & Beverage Guide: https://ottawatourism.ca/en/see-and-do/culinary-scene

Farm Boy Market: https://www.farmboy.ca/stores/rideau/

Universal Grocery: https://universalgrocery.ca/

Loblaws: https://www.loblaws.ca/





Shopping

Rideau Centre: shops.cadillacfairview.com/property/cf-rideau-centre

Local Shops: https://ottawatourism.ca/en/see-and-do/shopping

St. Laurent Shopping Centre: <u>https://shopstlaurent.com/</u>



Outdoor Activities

Gatineau Park: The National Capital Region's <u>conservation</u> park. The largest green space in the region, the Park occupies an area of more than 361 square kms, and is a place of rich and unique biodiversity. https://ncc-ccn.gc.ca/places/gatineau-park

Park Omega: Discover Canada's wild animals: elk, bison, wolves, bears, and foxes in their natural environment. https://www.parcomega.ca/en/

Interzip Rogers: If you're a city adrenaline junkie, there's a zipline just for you! <u>Interzip Rogers</u> the world's first interprovincial zipline—takes you soaring between downtown Ottawa, Ontario and Gatineau, Québec. https://www.interzip.ca

Museums

<u>National Gallery of Canada</u>: The beautiful modern building houses the most comprehensive collection of Canadian art.

<u>Canadian Museum of History</u>: The gorgeous undulated building houses the Canadian Children's Museum, with interactive elements, including a variety of toys and games. Complete your visit with a 3D movie in the CINÉ+ theatre!

<u>Canada Science and Technology Museum</u>: It's never been more fun to celebrate Canada's long history of scientific and technological achievements!









Cheer Canada: https://cheercanada.ca International Cheer Union: https://cheerunion.org Ottawa Tourism: https://ottawatourism.ca/en