

What is Doping?

Doping is not just a positive test. It is defined as the occurrence of one or more of the following Anti-Doping Rule Violations (ADRVs):

- 1 Presence** of a prohibited substance, its metabolites or markers in an athlete's sample
- 2 Use** or attempted use of a prohibited substance or method by an athlete
- 3 Refusing**, evading or failing to submit to sample collection by an athlete
- 4 Failure** to file whereabouts information and/or missed tests by an athlete
- 5 Tampering** or attempted tampering with the doping control process by an athlete or other person
- 6 Possession** of a prohibited substance or method by an athlete or Athlete Support Personnel (ASP)
- 7 Trafficking** or attempted trafficking of a prohibited substance or method by an athlete or other person
- 8 Administering** or attempting to administer a prohibited substance or method to an athlete
- 9 Complicity** or attempted complicity in an ADRV by an athlete or other person
- 10 Prohibited Association** by an athlete or other person with a sanctioned ASP
- 11 Acts** to discourage or retaliate against reporting to authorities



All 11 ADRVs apply to athletes and 7 apply to Athlete Support Personnel (ASP) or other person.