



The International Cheer Union (“ICU”) has been a signatory of the World Anti-Doping Agency (“WADA”) since 2009. From the very beginning, the ICU has honored its commitment to WADA and its protocols at the highest level. This honored commitment has been stressed to the ICU National Federations as well as to our athletes, coaches, and all related Cheerleading associations. Since its inception, the ICU has honored its commitment as a signatory of WADA and has conducted drug testing at every one of its annual Cheerleading World Championships. The number of tests has increased, and the involvement and the participation of the respective National Federations has also increased. More and more of the ICU’s National Federations are supporting their own testing programs and are more committed to the education of their athletes and coaches. With more than 120 National Federations worldwide, the ICU has seen an increase of National Federation participation at the Cheerleading World Championships which include more than 80 countries.

### **Education**

With ICU events returning, ICU ensured that cheerleading athletes received education relating to their rights and responsibilities prior to competing at ICU events. This education was mainly conducted using WADA’s Anti-Doping Education and Learning (ADEL) Platform. Where an athlete’s National Anti-Doping Organization (NADO) had established their own online education course in their own language, ICU would review and approve the course for use. In 2024, ICU will shift to ensure that all athletes participating in ICU events receive education prior to competing and will host Outreach Booths at several ICU events throughout the year. Additional education opportunities will include presentations to both athlete support personnel and competing athletes at World and Continental championships. Additional education opportunities will be available such as general assembly presentations and scheduled meeting dates prior the World Championships.

### **Therapeutic Use Exemptions (TUES)**

The TUE Committee (TUEC) can also call on experts from outside the TUEC for guidance should the need arise regarding any specific TUE application.

- 11 TUE’s were recognized by ICU

### In-Competition Samples (2023)

Quarter	Tests	Samples					Total	UAR	AAF
		Urine	Blood	Passport	EPO (ESA)				
Q1	0	0	0	0	0	0	0	0	
Q2	26	26	0	0	8	26	0	0	
Q3	11	11	0	0	0	11	0	0	
Q4	16	16	0	0	0	16	0	0	
Totals:	53	53	0	0	8	53	0	0	

### Out-of-Competition Samples (2023)

Quarter	Tests	Samples					Total	UAR	AAF
		Urine	Blood	Passport					
Q1	0	0	0	0		0	0	0	
Q2	2	2	0	0		2	0	0	
Q3	0	0	0	0		0	0	0	
Q4	0	0	0	0		0	0	0	
Totals:	2	2	0	0		2	0	0	

### Anti-Doping Rules Violations

<u>Nation</u>	<u>Gender</u>	<u>Anti-Doping Rules</u>	<u>Prohibited Substance</u>	<u>Length</u>	<u>Sanction</u>	<u>Start</u>	<u>End</u>
<i>None in 2023</i>							